

Swimming Courses Guide / Swimming Pool Regulations

- **The use of mobile phone, photo and video camera is prohibited in the area of the bench before access to the swimming pool, in the swimming pool and in the changing rooms.**
- Likewise, the area of the bench in front of the swimming pool (access to the sauna) is not a waiting area! We ask you to wait in the foyer at the table or if you want to watch your children, to use the outdoor area. Here we have created a small playground and seating with a view of the swimming pool for you. Arrangements in special circumstances must be made in advance and explained at the request of the staff. We then offer the possibility to have a parent wait in the teacher's booth.
- Changing is only allowed in the changing rooms. Clothing must be stored in the lockers. To complete the lockers you need a 1 € or 2 € piece, or a coin.
- If you need to help your children in changing rooms, you must have to wait in the changing room.
The children may be accompanied by the instructor to the changing rooms.
- Entering the swimming pool is only allowed in swimwear, with bath towel and slippers. Please DO NOT run!
- Swimming is only allowed in swimwear.
- Before swimming, the showers are to be used.
- The use of the swimming pool and its equipment is at your own risk. All devices are returned to their place!
- The association is not liable for self-inflicted personal injury and property damage.
- The association is not liable for money, valuables and clothing.
- **Swimming without course staff is strictly prohibited!**
- The use of the starting blocks and the springboard is only allowed after consultation with the course instructor.
- The rooms in the swimming pool may only be entered if accompanied by the instructor. The medical room is not a changing room or a storage area. Access only in the 1st help case!
- **Entering the gallery is prohibited.**
- The instructions of the SRH team or course instructor must be followed.
- In case of violation of the swimming pool regulations, parents and children can be expelled from the swimming pool.
- Non-swimmers are only allowed to enter the swimming pool during your swimming course times. We offer you to go into the water only when your course starts and to leave the indoor pool immediately after the course.