

Adult swimming course for beginners / non-swimmers

Please send registrations to: Martina.Dommberger@srh.de

- Familiarization with water
- Gliding exercises
- breaststroke with aids
- build trust in swimming aids, such as pool noodle, boards, etc.
- basic knowledge of breaststroke technique
- breaststroke without aids

Name	
Date of birth	
Street	
Zip code, place of residence	
Phone	
E- mail	
Diseases (see back page)	

**The courses take place on Thursday evenings from 19:00h - 20:00h.
Period: 22.09.2022 until 22.12.2022**

Course fee without membership:	210,00 €
Course fee for SRH Campus Sports e.V. members:	85,00 € (60% reduction)
Course fee for SRH employees:	85,00 € (60% reduction)

Notice:
Course fees are paid exclusively by direct debit. Exceptions require the approval of the managing director or his representative.
If the direct debit is not honored, processing fees of the respective bank will be due together with the fee. For additional administrative expenses, due to payment reminders and return debit notes, we charge a handling fee of 5 Euro each.
In the event of an incorrect debit entry, the account holder can arrange for his bank to credit the amount again within six weeks. Fees for return debits for which the member is responsible will be charged to the member.
Direct Debit Authorization:
I authorize SRH Campus Sports e.V. to collect payments from my account by direct debit. At the same time, I instruct my credit institution to honor the direct debits drawn on my account by SRH Campus Sports e.V.

Kontoinhaber _____
IBAN _____
BIC _____
Bank _____

Date, Place Signature for direct debit

Expected dates:



Thursday	22.09.22	19:00h – 20:00h	
Thursday	29.09.22	19:00h – 20:00h	
Thursday	06.10.22	19:00h – 20:00h	
Thursday	13.10.22	19:00h – 20:00h	
Thursday	20.10.22	19:00h – 20:00h	
Thursday	27.10.22	19:00h – 20:00h	
Thursday	03.11.22	19:00h – 20:00h	
Thursday	10.11.22	19:00h – 20:00h	
Thursday	17.11.22	19:00h – 20:00h	
Thursday	24.11.22	19:00h – 20:00h	
Thursday	01.12.22	19:00h – 20:00h	
Thursday	08.12.22	19:00h – 20:00h	
Thursday	15.12.22	19:00h – 20:00h	
Thursday	22.12.22	19:00h – 20:00h	

Coach: Annika Zeman, Alina Strache

- You will be welcomed in the entrance area (table).
- Please be there 15 minutes earlier so that details can be discussed, information passed on or questions answered.
- Please make sure that you are healthy: Throat, nose, ears, eyes, lungs, other.
- If you have any important illnesses or medical conditions, please fill in the field on page 1.
- Please note that you may be touched on the abdomen, back, hands, legs and feet for exercise purposes, if necessary.
- You give your consent with the registration for the respective courses.
- Cancellation: Up to 2 weeks before the start of the course you will receive a 50% refund. In case of a later withdrawal, the course fee will be not refunded.
- **Absence due to illness, vacation, traffic jam, etc. does not reduce the course fee; in this case, make-up dates cannot be guaranteed.**
- **There will be no swimming course on the following days: Holidays and pool closing times (these will be announced in advance).**
- You can find our privacy policy at www.campussports.de/datenschutz
- Please note our house rules as well as the swimming pool rules.
- The number of participants is limited to a maximum of 8 adults.

o I am a member of SRH Campus Sports e.V.

o I am an SRH employee

(Please enclose a copy of your employee ID with your registration)

Date, Place Signature